

# Melaleuca (Tea Tree)

## *Melaleuca Alternifolia Essential Oil*

When diffused, Fennel essential oil can boost your resolve and courage. Fennel is often used to aid digestion and respiratory function as well as clearing oily skin and fighting wrinkles.

Size: 15ml Price: \$17.10

Size: 5ml Price: \$6.99

APPLICATION METHODS:  Can be used topically  Can be used internally  Can be used aromatically

### Primary Benefits

Highly popular for its cleansing and rejuvenating effect on the skin, Highly beneficial in treating fungal outbreaks, Aids in healthy immune function, Protects against seasonal and environmental threats.

### Directions for Use

**Diffusion:** Use three to four drops in a diffuser

**Internal use:** Dilute one drop in 4 fl. oz. of liquid

**Topical use:** Apply one to two drops to desired area. Dilute with Spark Naturals Carrier Oils to help with any skin sensitivity.

### Cautions

Keep out of reach of children. Possible skin sensitivity. If pregnant or nursing, please consult with your physician before using. Always avoid contact with eyes.

### Aromatic Description

Herbaceous, green, light, pungent

### Collection Method

Steam Distillation

### Plant Part

Leaf

### Main Constituents

Terpinen-4-ol, γ-terpinene

### Description

During World War II, soldiers and sailors were issued Melaleuca essential oil as part of their kit, to treat topical infections and infected wounds. "Tea Tree" oil has over 92 different compounds and many, many uses. Melaleuca is highly purifying and can aid in clear breathing as well as clear and healthy complexion. It is one of the most powerful immune stimulant oils and helps fight infections of all kinds. Melaleuca has a strong effect on environmental threats because of its purifying qualities and is often used on skin irritations to soothe the skin. Melaleuca can also clear abscesses, acne, burns, herpes, oily skin, athlete's foot, cold sores, blemishes, deeper rash, sunburn and infected wounds.

### Uses

- For skin irritations, apply one to two drops onto affected area
- Diffuse to help with colds, sinusitis, bronchitis and any other respiratory ailments
- Add one to two drops to veggie cap along with Shield essential oil to support healthy immune system and function
- Add one to two drops to your facial cleanse or apply to skin after shaving
- Apply to fingernail and toenail to assist problems with fungus and to purify and keep nails looking healthy
- Use as a mouthwash for gum infections
- Add a few drops to a spray bottle with water and use on surfaces to protect against environmental threats

### Properties

Antimicrobial, Antiseptic, Antiviral, Fungicide, Insecticide and Stimulant

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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