

# Carrot Seed

## *Daucus Carota Essential Oil*

Carrot seed has a soft earthy aroma and helps to relieve stress and exhaustion, while also aiding in the detoxification process. It is stimulating and rejuvenating to the skin.

Size: 15ml Price: \$55.53

Size: 5ml Price: \$19.45

APPLICATION METHODS:  Can be used topically  Can be used internally  Can be used aromatically

### Primary Benefits

Detoxifying effect on the liver, cleansing to the digestive system, relieves fluid retention, highly rejuvenating to the skin.

### Directions for Use

**Diffusion:** Use three to four drops in a diffuser

**Internal use:** Dilute one drop in 4 fl. oz. of liquid

**Topical use:** Apply one to two drops to desired area. Dilute with Spark Naturals Carrier Oils to help with any skin sensitivity.

### Cautions

Keep out of reach of children. Possible skin sensitivity. If pregnant or nursing, please consult with your physician before using. Always avoid contact with eyes.

### Aromatic Description

Slightly sweet, dry, earthy

### Collection Method

Steam Distillation

### Plant Part

Seed

### Main Constituents

A-pinene, camphene, b-pinene, sabinene, cycrene, γ-terpinene, limonene, and caratol

### Description

Carrot seed has a detoxifying effect on the liver and helps to fight jaundice, while at the same time cleansing the digestive system and the body as a whole. It is a great help in the treatment of muscular aches and pains, skin problems, and respiratory ailments. This oil can help to keep wrinkles at bay while also helpful when fighting age spots.

### Uses

- Diffuse for relieving stress
- Add to Spark Naturals Fractionated Coconut Oil to assist with muscle pains
- Use as part of your daily skin regimen
- Use to assist in respiratory tract function

### Properties

antiseptic, carminative, cytophylactic, depurative, diuretic, emmenagogue, hepatic, stimulant, tonic and vermifuge.

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.*



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